

Gifts from the Heart

for Des Moines, Iowa 2015

THERE WILL BE A BOX IN THE NARTHEX TILL JUNE 14

Luther Care Services

For over 30 years Luther Care Services, a non-profit company which manages the Luther Park campus, has provided quality services for mature Iowans, meeting their physical, spiritual, social and psychological needs at its beautiful campus.

As a non-profit, Luther Care Services is able to put resources into providing better service, care and housing for our residents.

- Crayola regular markers
- Colored Pencils
- Temptra Paint
- Glue or Glue Sticks
- School Paint Brushes
- Pony Beads
- Crayons
- Pony Bead Laces

Orphan Grain Train

Orphan Grain Train is a Christian volunteer network that shares personal and material resources with needy people in America and around the world. Grain Train volunteers gather donations of clothing, medical supplies, food, Christian literature, and other aid to meet real needs. The Orphan Grain Train movement is a loving response to Jesus Christ's example as a servant and His love for us.

- School Kits:** backpack, 2-3 spiral notebooks (any size), 2 or more pencils, 2 or more pens, pkg. of construction paper, crayons, ruler, glue sticks, blunt scissors, washable markers, protractor
- Hygiene Kits:** 1 bath towel, 1 wash cloth, 1 bath-size bar of soap, 1 adult-size toothbrush, 1 sturdy comb, 1 stick deodorant (optional), 6 Bank-Aids (1/2" or 3/4") secured together

Wrapping instructions: Spread the towel flat, fold over about 5" on each long side of the towel, place everything in the center between the folds, roll up the towel, use strong ribbon or cord and tie at both ends.

- Completed quilts of any size

Lutherans For Life

Lutherans For Life (LFL) is about speaking the truth of life—about **Bringing Good News to Life**. LFL applies the Good News of the Gospel of Jesus Christ to the life issues, making Jesus known as the Son of God and Savior of all who can help and make a difference in people's lives.

The following items may be handmade:

- Hot neck wraps* (*wraps filled with rice or dry beans for heating in microwave*)
- Shawls
- Undershirts (sleeveless)
- Decorative pillows (to clutch, prop up, or brighten a room)
- Scarves (useful for folks who have lost a lot of weight and whose clothes are ill fitting)

*Simple Neck Wrap Directions

Supplies for two wraps:

- ¼ yard flannel (please use adult appropriate patterns)
- 8 cups rice or dried beans

Directions:

1. Cut fabric in half to make two pieces, about 9" x 20".
2. Sew fabric, folded in half right sides together, on a short end and the long side.
3. Flip and fill with 4 cups rice or beans. Do not over fill or the wrap will not mold well around neck.
4. Sew open end.

Note: It would be good to double sew all seams to ensure no leaks.



Sow • Nourish • Reap